

**St. Mark's on the Hill  
& House of Ruth Food Pantry**

*Leave Food donations here or  
Bring Your Donation to St. Mark's:  
1620 Reisterstown Rd. 21208*

**Food Pantry Open to the Public  
Saturdays 10am-2pm**



*Questions? Call the church office 10am-2pm, M-W, 410 486-3016*

1. Red Kidney Beans (Dry)
2. Black Beans (Dry)
3. White Rice
4. Yellow Corn Flour (MASECA)
5. Cereal (low sugar)
6. Spaghetti & Spaghetti Sauce
7. Macaroni and Cheese
8. Tuna (Canned)
9. Ramen Noodles (Any flavor)
10. Vegetable or Corn Oil
11. Juice (Apple or Orange)
12. Milk (Shelf to Refrigerator Varieties)
13. Mixed Fruit Cocktail (Canned)
14. Pineapple (Canned)
15. Peaches (Canned)
16. Pears (Canned)
17. Mixed Vegetables (Canned)
18. Corn (Canned)
19. Green Beans (Canned)
20. Carrots (Canned)
21. Chili, Stew, Soup (canned)
22. Peanut Butter
23. Jelly
24. Crackers, Pretzels, etc.
25. Raisins
26. Graham Crackers
27. Apple Sauce
28. Granola Bars